As an intern you’ll experience the challenge, excitement and reward of working for the largest and most advanced wireless voice and data network in the world. You’ll have a unique opportunity to use your knowledge and skills in an environment dedicated to maintaining global network superiority.

**Duties:**

• Support facilitation of fitness assessments (including health history, height, weight, circumference measurements, body composition, heart rate, blood pressure, submax VO$_2$ bicycle testing, flexibility testing through the use of sit and reach test, and muscular strength and endurance tests utilizing push-up and sit-up protocols)
• Conduct equipment orientations
• Provided one-one-one and group training, nutritional advice, and exercise prescriptions
• Ensuring a safe and clean facility by checking equipment, addressing and correcting malfunctions and maintaining adequate inventory of supplies
• Chart member attendance and progress
• Support the development of incentive programs
• Assist with health promotion activities including seminars, lectures and workshops on a variety of health and wellness topics including nutrition, time and stress management, and relaxation techniques
• Assist with other fitness center programs that could include: flu shots, wellness massages, health and blood pressure screenings, blood drives, and charitable events
**Qualifications:**

- Current college student pursuing a Bachelor’s or Master’s degree in Exercise Science, Exercise Physiology, Kinesiology, or a related field
- Junior level or above
- Excellent communication skills
- Ability to work a flexible schedule
- Ability to meet deadlines and work in a fast-paced work environment
- Current CPR & AED certification required
- Experience with fitness assessments/testing and personal training strongly preferred
- Be committed to encourage and motivate other to exercise and maintain a healthy lifestyle through personal example

**For more information contact:**

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