

Neurology in a Nutshell: The Brain Explained

This course begins by unraveling the mysteries of the brain. We will explore how to navigate the complex and fragmented healthcare system and discuss strategies for advocating for personalized care. In addition to simplifying common neurological conditions—such as headaches, dizziness, stroke, Parkinson’s disease, and memory loss—we will examine testing and imaging of the nervous system. The course will also focus on illness prevention through healthy lifestyles and provide an intimate discussion of end-of-life issues.



[Click here to view promo video.](#)

YOUR INSTRUCTOR: Paul Schanfield, MD



Dr. Paul Schanfield, a retired neurologist from Minnesota, practiced privately for 40 years before retiring in 2015. He continues to teach medical students and residents as a Clinical Professor of Neurology at the University of Minnesota. In 2017, he was recognized as the first-ever Community Educator of the Month by the University of Neurology. A perennial Minneapolis/St. Paul “Top Doctor” since 1992, Dr. Schanfield has received numerous teaching awards, including the 2018 Community Teacher of the Year from United Family Medicine Residents.

THURSDAYS, APRIL 10 THROUGH MAY 15

11am AK | Noon PT | 1pm MT | 2pm CT | 3pm ET

Each live session is 90 minutes

- Thursday, April 10
- Thursday, April 17
- Thursday, April 24
- Thursday, May 1
- Thursday, May 8
- Thursday, May 15

To register, please contact your local Osher Institute.