

Towson University Health Center (TUHC) ADHD Medication Management Policy

Towson University's Health Center (TUHC) is committed to supporting students. It is essential to protect students' access to controlled medications and our ability to prescribe to students. The Health Center does not offer formal diagnostic evaluations for Attention Deficit Hyperactivity Disorder (ADHD) and provides limited psychiatric services for ADHD medication management.

Students seeking medication management for ADHD

In certain circumstances, Towson University's Health Center (TUHC) will provide medication management for students diagnosed with ADHD who have the appropriate documentation. Since ADHD is commonly treated with legally controlled substances, TUHC has established policies to ensure the safe and legal use of these prescriptions.

Required Documentation

Students diagnosed with ADHD and requesting a TUHC provider to prescribe medication during the academic year must complete a release of information form and provide the following documentation:

1. Diagnostic Records:

- Records confirming that the student has been evaluated and diagnosed with ADHD by an appropriate professional. These records should include a diagnosis based on psychological or psychoeducational testing, specifying the instruments, methods, and results used.

2. Medical Records:

- Documentation from the current or previous prescribing provider, if applicable, which includes:
 - Medication treatment history for at least one year, including:
 - Names, dosages, and treatment durations of all medications used for ADHD.
 - Any notes related to efficacy or adverse effects.
 - Relevant history and supporting information for diagnosis of ADHD.
 - Copies of records or any administrated tests used for evaluation and diagnosis
 - Date, dose, and quantity of last prescribed dose.
 - Any additional mental health diagnoses or treatment provided.

All documentation must be received and reviewed before scheduling an appointment with TUHC's psychiatry division. If the documentation is approved, TUHC will contact the student to schedule the initial psychiatry appointment. If not approved, the student will be contacted via the Tiger portal and will be referred to their previous practitioner or a community provider.

Students Seeking an ADHD Evaluation

Students expressing interest in an ADHD evaluation will be referred to the Counseling Center for a same day appointment to assess their needs. Please note that the Counseling Center and Health Center do not conduct ADHD evaluations. Students seeking an evaluation for ADHD will be referred to a community provider through a referral coordinator. Once a diagnosis is obtained, the student will follow the outlined steps for submitting documentation and records if seeking medication management from a Health Center provider. If students are seeking accommodations, they will be referred to the Office of Accessibility and Disability Services.